

WORD of LIFE™ Community Track Year 3: Virtue & Character



~25
minutes

Session 1: What is Virtue?

**Real + True | Unit 27: Episode 2 and
The Gospel of Work | Episode 5**

Key Takeaway: Virtue is the habitual disposition to do good. Living virtuously aligns us with God's will and leads us to the happiness we were created for.

~30
minutes

Session 2: What is Sin?

**What is Sin? | The Search Continues and
The Seven Deadly Sins | Episode 1**

Key Takeaway: Virtue is the habitual disposition to do good. Living virtuously aligns us with God's will and leads us to the happiness we were created for.

~30
minutes

Session 3: What is Mercy?

Metanoia | Episode 4

Key Takeaway: God's mercy is greater than our worst sin. When we turn to Him with a contrite heart, we find not condemnation, but healing love.

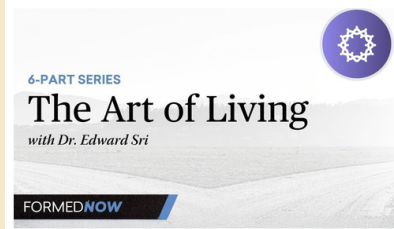


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minutes

Session 4: What are the Theological Virtues?

**Symbolon: The Faith of the
Church | Episode 13**

Key Takeaway: Faith, hope, and charity are divine gifts that unite us to God. They are the foundation of the Christian life and lead us toward Heaven.

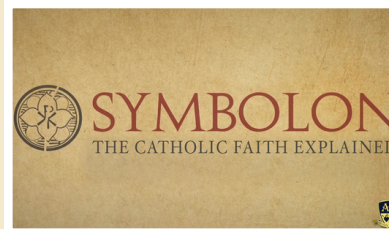


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minutes

Session 5: What are the Cardinal Virtues?

The Art of Living | Episodes 3-6

Key Takeaway: Prudence, justice, fortitude, and temperance are the hinges of a moral life. These virtues shape our freedom and help us live rightly.



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minutes

Session 6: What is Morality?

**Symbolon: The Catholic Faith
Explained | Part 2: Episode 6**

Key Takeaway: Morality is not about rules but about living in the truth of love. God's law leads us to flourishing and reflects our true dignity.



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minutes

Session 7: What is Character?

**Saint Francis de Sales and the Character
of a Christian | Episode 3 and**

**Loyal Love | Character of God: Word Studies |
The Bible Project**

Key Takeaway: In Christ, we are called to cultivate a character that reflects God's own heart.